

# WOMEN'S HEALTH & CLOTTING QUARTERLY

*e-Bulletin Issue 5, May 15, 2024*

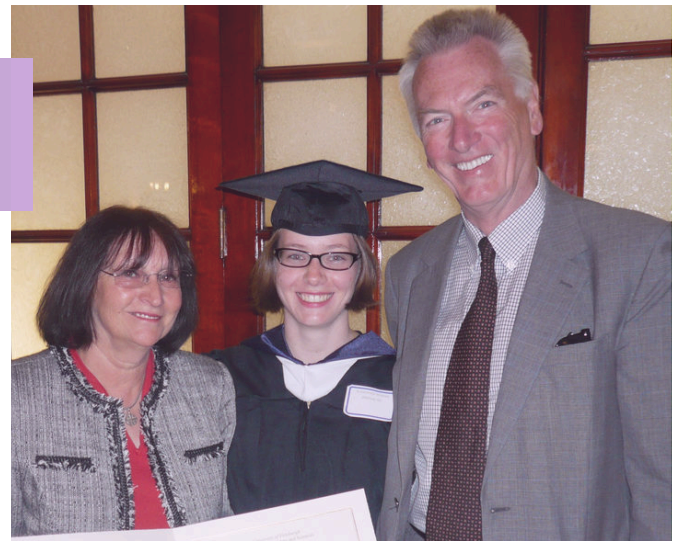


## NWHW 2024

*National Women's Health Week (NWHW) is recognized the week after Mother's Day each year. The Rowan Foundation is excited to unveil new educational tools during NWHW 2024. [Read more and view.](#)*

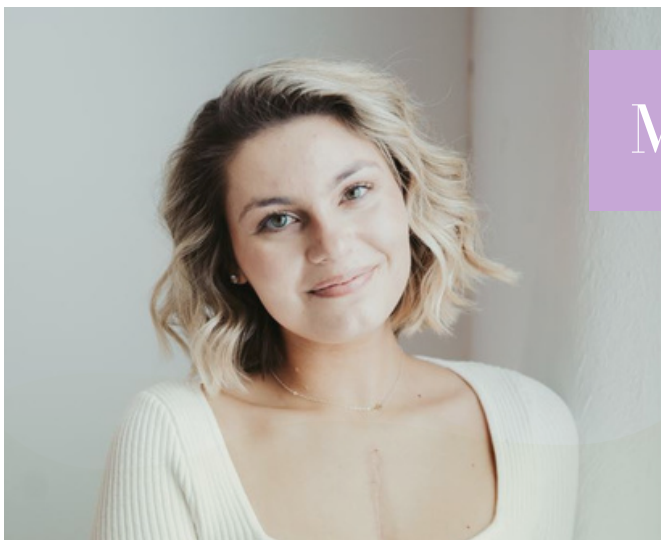
## 23ANDME & US

*Rowan Foundation founders David and Roz Rowan spoke to 23andMe about their family's history with blood clots and the tragic loss of their only child Alexandra. [Read more](#), including the Q&A interview.*



## MY STORY, MY VOICE

*Alyson was just 20 years old and exploring the world around her when blood clots linked to hormonal contraception threatened her life. Read Alyson's compelling story [here](#).*





## WOMEN & ADVOCACY

*In the intricate web of our modern healthcare system, women often serve as advocacy linchpins for their families and friends. Understanding how to optimize this role is key. [Read more.](#)*

## WELL WOMAN

*Routine well-woman check-ups are essential to overall well-being and catching potential health issues early. Blood clot prevention should be integral to these health checks. [Read story.](#)*



## MY STORY, MY VOICE

*Melissa Anne experienced a blood clot after being prescribed hormonal contraception. She later discovered she is affected by factor V Leiden. Read Melissa Anne's important story [here.](#)*



# YOU MATTER

*Medical storytelling allows people to validate their experiences while also informing and inspiring others. Every story is different, every story matters. Share your personal story [here](#).*

# NET-SOURCED NEWS

[Analysis shows gender and racial disparities in pulmonary embolism treatment](#)

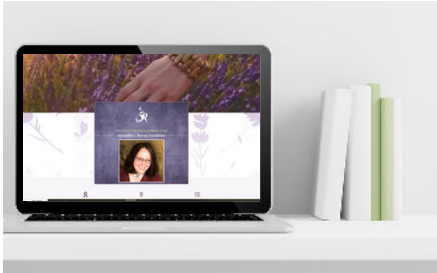
[How genetic variables impact oral contraceptive use and VTE risk](#)

[Women say they were pressured into long-term birth control](#)

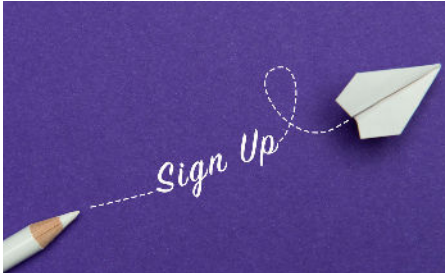
[Hypertensive disorders of pregnancy may increase women's risk for blood clots later in life](#)



## RESOURCES



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